

## SEXUALLY TRANSMITTED DISEASES

Disease	Organism	Annual Incidence		Incubation	SYMPTOMS		LONG-TERM CONSEQUENCES		Treatment
		USA (12/96)	WA State		Male	Female	Male	Female	
<b>CHLAMYDIA</b>	bacteria	5,000,000	6,000	7-21 days	<ul style="list-style-type: none"> <li>• none</li> <li>• burning w/ urination</li> <li>• white urethral discharge</li> <li>• scrotal swelling</li> <li>• fever</li> </ul>	<ul style="list-style-type: none"> <li>• none</li> <li>• vaginal discharge</li> <li>• bleeding after IC</li> <li>• uterine infection</li> <li>• tubal infection</li> </ul>	<ul style="list-style-type: none"> <li>• scrotal pain</li> </ul>	<ul style="list-style-type: none"> <li>• infertility</li> <li>• tubal pregnancy</li> <li>• pelvic scarring</li> </ul>	Antibiotic for 7 days.
<b>GONORRHEA</b>	bacteria	1,500,000	2,000	1-14 days	<ul style="list-style-type: none"> <li>• burning with urination</li> <li>• thick, white urethral discharge</li> <li>• scrotal swelling, redness</li> </ul>	<ul style="list-style-type: none"> <li>• burning with urination</li> <li>• irregular vaginal bleeding</li> <li>• pelvic pain &amp; infection</li> </ul>	<ul style="list-style-type: none"> <li>• testicular pain &amp; swelling</li> <li>• prostatitis</li> </ul>	<ul style="list-style-type: none"> <li>• infertility</li> <li>• tubal pregnancy</li> <li>• pelvic scarring</li> </ul>	injection of antibiotics with oral antibiotics for 7 days.
<b>TRICHOMONAS</b>	protozoa	?	?	7-21 days	<ul style="list-style-type: none"> <li>• yellow discharge</li> <li>• burning with urination</li> </ul>	<ul style="list-style-type: none"> <li>• yellow, foamy discharge</li> <li>• vaginal itching</li> <li>• painful IC</li> <li>• painful urination</li> </ul>		<ul style="list-style-type: none"> <li>• early delivery</li> <li>• stillborn infants</li> <li>• neonatal death</li> </ul>	Oral medications
	Organism	USA (12/96)	WA State	Incubation	Symptoms	Long-term Consequences	Treatment		
<b>GENITAL HERPES (HSV)</b>	virus	300,000	750	2–21 days	<ul style="list-style-type: none"> <li>• fever, headache, joint pain, fatigue</li> <li>• fluid-filled sores on genitals with itching, burning, pain</li> </ul>	<ul style="list-style-type: none"> <li>• recurrences of 1-10x per yr. of genital sores</li> <li>• cross-contamination</li> <li>• pregnancy complications</li> </ul>	controlled w/ medication – not a cure		
<b>GENITAL WARTS (HPV)</b>	virus	800,000	?	7 days ?	<ul style="list-style-type: none"> <li>• raised, rough, painless skin growths on genitals</li> <li>• vaginal discharge</li> </ul>	<ul style="list-style-type: none"> <li>• recurrence</li> <li>• persistent warts</li> <li>• Pap smear complications (pre-cancerous changes)</li> <li>• labor &amp; delivery complications</li> </ul>	<ul style="list-style-type: none"> <li>• liquid medication</li> <li>• freezing</li> <li>• burning</li> <li>• surgery</li> <li>• laser surgery</li> <li>• experimental medications</li> </ul>		
<b>HEPATITIS B (HPV)</b>	virus	300,000	50	1–6 mos.	<ul style="list-style-type: none"> <li>• none</li> <li>• flu-like illness</li> </ul>	<ul style="list-style-type: none"> <li>• chronic hepatitis</li> </ul>	vaccine (prevention)		

Organism	USA (12/96)	WA State	Incubation	Symptoms	Long-term Consequences	Treatment	
				<ul style="list-style-type: none"> <li>jaundice</li> </ul>	<ul style="list-style-type: none"> <li>- liver cancer</li> <li>- death</li> <li>pregnancy complications</li> </ul>	only)	
<b>HIV</b>	virus	70,000	(AIDS) 450	1–4 mos.	<ul style="list-style-type: none"> <li>none</li> <li>short, flu-like illness</li> <li>loss of appetite</li> <li>weight loss</li> <li>fatigue</li> <li>fever &amp; chills</li> <li>persistent diarrhea</li> <li>persistent cough</li> <li>chronic infection</li> </ul>	<ul style="list-style-type: none"> <li>AIDS (combination of diseases)</li> <li>specific pneumonia</li> <li>candida infection</li> <li>severe herpes</li> <li>genital warts</li> <li>Kaposi sarcoma</li> <li>death</li> </ul>	medication slows disease
<b>SYPHILIS</b>	spirochete	100,000	140	1°: 6 wks.  2°: 1-3 mos.	<ul style="list-style-type: none"> <li>large, painless skin lesion</li> <li>swollen lymph nodes</li> <li>skin rash on trunk, arms, legs, palms, soles</li> <li>fever, aches, fatigue</li> <li>genital warts</li> </ul>	<ul style="list-style-type: none"> <li>headaches</li> <li>stroke</li> <li>memory loss</li> <li>blindness</li> <li>insanity</li> <li>heart malfunction</li> <li>destruction of skin, bones, organs</li> </ul>	<ul style="list-style-type: none"> <li>antibiotic injection &amp; oral antibiotics</li> </ul>
<b>PUBIC LICE</b> "Crabs"	crab louse	3,000,000	?	1 mo.	<ul style="list-style-type: none"> <li>severe itching in pubic hair</li> <li>groin irritation</li> </ul>	none	<ul style="list-style-type: none"> <li>medicated shampoo</li> <li>laundry measures</li> <li>treat household members</li> </ul>